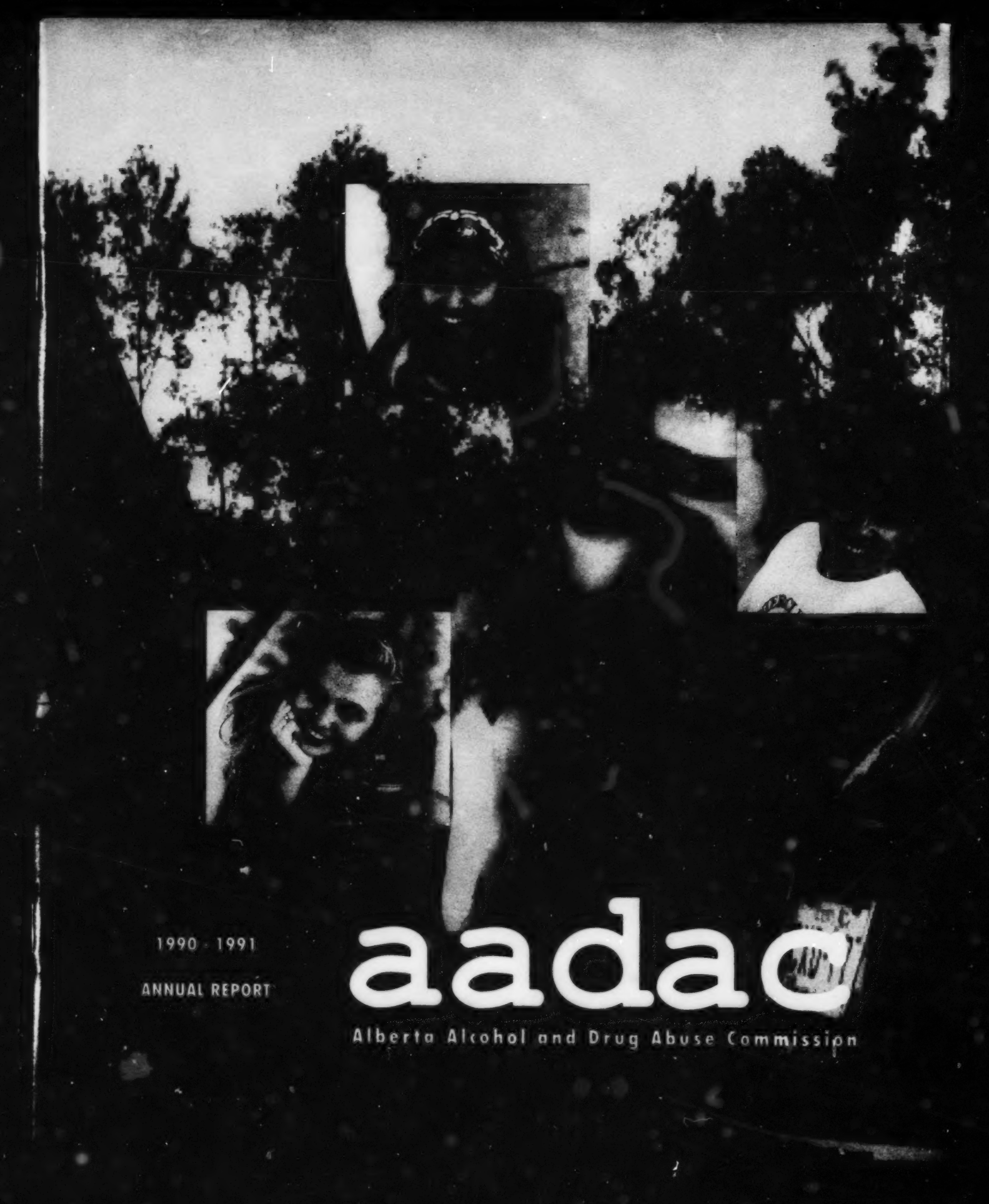




1990 - 1991

ANNUAL REPORT

aadac

Alberta Alcohol and Drug Abuse Commission

To mark the opening of AADAC's two Adolescent Treatment Centres in 1991, the theme of our 1990-91 Annual Report is adolescence. Throughout the Report, there are samples of Steve Attoe's popular "Don't You Hate It When..." series of cartoons found in ZOOT CAPRI, The Magazine, AADAC's award-winning magazine for teens. We also asked AADAC's Board members to comment on their experiences as adolescents.

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What is AADAC?

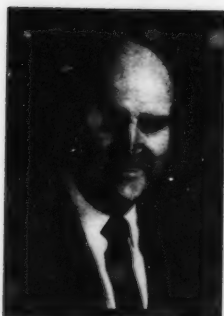
The Alberta Alcohol and Drug Abuse Commission, or AADAC, is the agency of the Government of Alberta responsible for providing Albertans with assistance in dealing with alcohol and other drug problems. AADAC is directed by a chairman and a citizens' board appointed by the provincial government.

AADAC offers a range of treatment services through a province-wide network of outpatient offices and clinics, detoxification facilities and inpatient treatment centres. AADAC also provides financial assistance and program support to 29 community agencies which treat and prevent problems that stem from the abuse of alcohol and other drugs.

To complement these services, AADAC provides a wide array of education and prevention programs to schools, community groups and professional organizations throughout Alberta. AADAC also produces an extensive selection of educational materials that are intended for use in the home, workplace, and in schools. As well, since 1981 AADAC has operated a major multifaceted prevention program for adolescents that has encouraged young people to adopt healthy lifestyles free from dependence on drugs.

In addition to its regular treatment and prevention services, AADAC offers a number of other programs that have been designed for particular needs and concerns. Two major programs, for example, are administered by AADAC for impaired drivers. AADAC also provides assistance to those who require help in dealing with the substance abuse problem of a relative or friend, and has established a multicomponent treatment program for adolescents. As well, the Commission offers training courses in the area of addictions and provides limited financial support for community groups who wish to initiate substance abuse prevention programs for youth.

In short, AADAC, together with the agencies it funds, assists Albertans by providing comprehensive addictions treatment and prevention services. Further information about specific programs can be obtained by contacting local AADAC offices.



Roy Brassard
Minister Responsible for
Seniors

Alberta
SENIORS



Also responsible for:
ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION;
FAMILY LIFE AND SUBSTANCE ABUSE FOUNDATION;
MICHENER CENTRE
PREMIER'S COUNCIL ON THE STATUS OF PERSONS WITH DISABILITIES
SENIOR'S ADVISORY COUNCIL FOR ALBERTA

Office of Minister

107 Legislature Building
Edmonton, Alberta T5K 2B6
Telephone 403/422-0141
Fax 403/422-6042

Honourable Dr. David Carter
Speaker of the Legislative
Assembly of Alberta
325 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Dr. Carter:

I have the honour to present herewith the Annual Report of the
Alberta Alcohol and Drug Abuse Commission for the fiscal year ended
March 31, 1991.

Yours very truly,

Roy Brassard
Minister



Alberta Alcohol and
Drug Abuse Commission

10909 Jasper Avenue
Edmonton, Alberta
Canada T5J 3M9
Tel: (403) 427-2837
Fax: (403) 425-1419

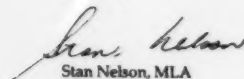
Honourable Roy Brassard
Minister Responsible for Seniors
107 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Minister:

I am pleased to present to you the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1991.

This Report represents the principal activities of many programs administered by the Commission as well as a statement of financial transactions for the year, together with its position at year-end, in compliance with Section F12(1) of The Alcohol and Drug Abuse Act.

Sincerely,


Stan Nelson, MLA
Chairman

Att.

An Agency of the
Government of Alberta



Stan Nelson, MLA
Chairman
Alberta Alcohol and Drug
Abuse Commission



Leonard Blumenthal
Chief Executive Officer

The past year has been a year of significant change for AADAC.

Development of new products and services has been a major focus. In 1991, we launched our new product line, the AADAC 2000. This new product line is designed to meet the needs of the future. We have also expanded our service offerings to include a full range of consulting and training services. These changes are part of our ongoing commitment to innovation and growth.

AADAC has a strong track record of success. Our products and services have been recognized by industry leaders and our customers. We have a proven ability to deliver high-quality results on time and within budget. Our commitment to customer satisfaction is a key factor in our success. We continue to invest in research and development to ensure that we are always at the forefront of the industry. Our goal is to provide our customers with the best possible solutions to their problems.

We are proud of the achievements of our team and look forward to continued success in the future. We are committed to providing our customers with the highest quality products and services. We are confident that our new products and services will continue to drive our growth and success.

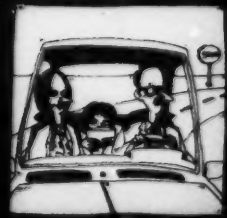
Our commitment to innovation and growth is a key factor in our success.

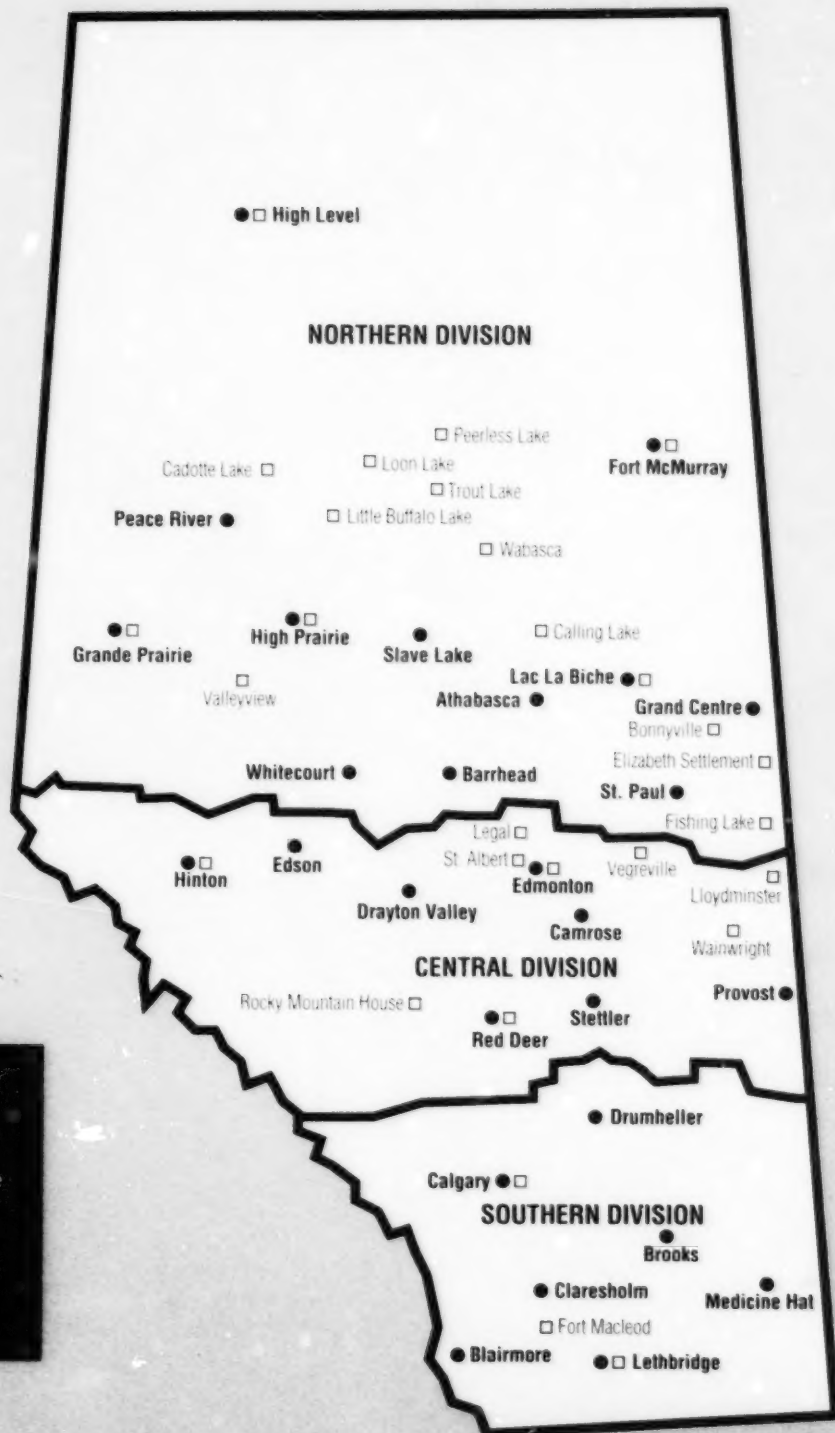
We have a proven ability to deliver high-quality results on time and within budget. Our commitment to customer satisfaction is a key factor in our success. We continue to invest in research and development to ensure that we are always at the forefront of the industry. Our goal is to provide our customers with the best possible solutions to their problems.

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don't you hate it when...



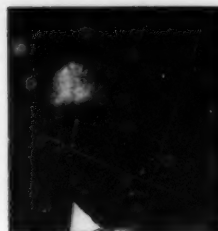


AADAC and Funded Agency Service Locations

- One or more AADAC Direct Service Centre
- One or more Community Agency funded by AADAC

My favourite memory from my adolescence was when I was 14 years old, less two weeks. I had worked wherever I could to save enough money for a motorcycle. I was probably one of the happiest guys anywhere when, on my birthday, I managed to get my learner's driving permit as well as buy a motorcycle. I think that I have been broke ever since then.

Allen Dietz, Commission Board Member, Galahad



AADAC Program Services

Role

AADAC Field Services provide local prevention and addictions treatment services for citizens across Alberta.

Services

Twenty-four area offices offer both prevention and treatment services in rural communities and smaller cities. In addition, seven of the urban units provide specialized prevention or treatment services in Edmonton and Calgary.

Prevention Services are aimed at increasing understanding of alcohol and other drugs, improving personal skills to address alcohol

and other drug-related problems, and increasing public knowledge of AADAC's services. Program activities include conferences, lectures, audiovisual presentations, seminars, exhibits, participation in community events, interagency coordination, consultation, and provision of material resources. Community involvement and assistance are also encouraged in the prevention and resolution of alcohol and other drug problems. This kind of community mobilization includes the coordination of youth-oriented projects, cosponsorship of seminars and lectures, training of key persons within the teaching, health and social services professions, and the promotion and support of

employee assistance strategies in the workplace.

Treatment Services are directed towards the recovery of individuals who are experiencing alcohol or other drug-related problems. Program activities include assessment, intervention, treatment, aftercare, and, if indicated, referral to other appropriate programs or services. In the specialized treatment units, the services include group therapy, family counselling and other interventions which address selected populations within the client group.

Division	Administration	Area Offices	Specialized Units
Northern Alberta Field Services Division	Grande Prairie	Grande Prairie* High Level High Prairie Peace River Slave Lake Whitecourt Lac La Poudre* Athabasca Bartholomew Fort McMurray Grand Centre St. Paul	
Central Alberta Field Services Division	Edmonton	Red Deer* Camrose Drayton Valley Edson Hinton Provost Stettler	Downtown Treatment Centre West End Treatment Centre Community Education Services Adolescent Treatment Centre
Southern Alberta Field Services Division	Calgary	Lethbridge* Brooks Crowsnest Pass Dumfries Medicine Hat	AADAC Counselling Services-Calgary Community Education Services Adolescent Treatment Centre

* District Office



Northern Alberta Field Services

Northern Addictions Centre

In November 1990, construction of the Northern Addictions Centre (NAC) in Grande Prairie was completed. The Northwest District and Northern Division Offices as well as seven NAC staff members moved into the building on January 7, 1991, with recruitment continuing throughout the fiscal year. From January to March of 1991, non-client facility use averaged 14 different groups per month and 868 individuals, while 40 groups or 332 individuals were given tours of the NAC.

Northwest District

The Northwest District focussed on development of Peer Support programming. Many new teams started, a variety of team building retreats were held throughout the District, and the first annual Northwest Peer Support Conference was held in Grande Prairie at the Northern Addictions Centre. Two hundred and fifty student and 40 adult leaders attended the weekend conference.

The Whitecourt Area Office hosted its official opening on November 20, 1990. Whitecourt

staff established a high profile in the area following an extensive promotional campaign.

The High Prairie Area Office produced weekly radio spots on alcohol and drugs for their local station. Staff were also instrumental in planning the first ever "Dry Grad" activities for 30 students from Donnelly.

The "National Addictions Awareness Week" activities, coordinated by the Peace River Area Office, resulted in an honourable mention in the 1990 Canadian Community Involvement Contest.

A collaborative community effort, involving the High Level Area Office, culminated in the establishment of a community addictions service in the Metis settlement of Paddle Prairie.

The Grande Prairie Area Office was involved in two major theatre projects. "Rap It Up" was cosponsored by AADAC and McDonald's Restaurants. "High Stakes" focussed on teens and the risks associated with AIDS.

The Slave Lake Area Office developed and delivered a treatment group for children, ages 6-11, from alcohol and other drug dependent

families and encouraged the development of skills for living with alcohol and other drug dependent parents.

Northeast District

The Athabasca Area Office opened on March 1, 1990 and on November 9, 1990 held their official opening.

The Fort McMurray Area Office was instrumental in helping to develop a student assistance program in several high schools.

In Lac La Biche, the Area Office developed Youth Support Groups for students in grades 5-9. They also supported a Student Citizenship Conference for over 250 students.

The Grand Centre Area Office cosponsored two theatre projects, one for 10-14 year olds and their parents and another for seniors.

Barrhead Area Office held a "Just Do It" day in cooperation with the local junior high school. Over 400 activities were made available for teens with the purpose of introducing them to new skills, and encouraging them to take risks and seek positive challenges in their lives.

The St. Paul Area Office has seen significant gains in promoting treatment services for families and other collaterals. Workshops on the process and skills of intervention were offered and counselling staff trained and facilitated several large family interventions, providing the follow-up treatment support for both the dependent and non-dependent members.

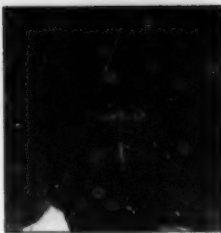


don't you hate it when...

you get a haircut that doesn't quite suit you?

I hated it when my girlfriend could wear make-up but I was not allowed, but I managed to wear lipstick when I went to her house. It was short lived.

*Leona Shandruk,
Commission Board Member, High Level*



Central Alberta Field Services

Treatment

Demand for counselling services continued throughout Central Alberta with an increase in admissions of 6.5% over last year.

The Opiate Dependency Program at the West End Treatment Centre continued to collaborate with local community pharmacists to assist opiate dependent clients to normalize their lifestyle. Increased contact was made with the medical community to better address the health needs of clients.

The range of adolescent treatment services in Central Alberta was enhanced with the addition of the Adolescent Treatment Centre in Edmonton. The Centre opened in January of 1990 on a limited basis in a temporary facility and served 33 youth in 1990/91. The average age of clients was 16, sixty percent of whom were male. A planned move to a new facility in April 1991 will significantly increase the capacity of the program.

Adolescent counselling services were made available in each of the area offices in the

Central District and at the Downtown Treatment Centre in Edmonton. Individual counselling for adolescents was supplemented by a variety of group programs including an Adolescent Informations Series, an Adolescent Issues Group and an ongoing Support Group.

Prevention and Education

Community Education Services in Edmonton, along with Nechi Institute and other community agencies, participated in planning a kick-off event to National Drug Awareness Week. Approximately 1,400 people participated in "Walk Sober," a march from downtown to the Provincial Legislature. It was followed by a "Join the Circle" rally where people came together to celebrate lifestyles free of alcohol and other drug abuse.

At the invitation of the Action on Smoking and Health (ASH) Group, Community Education Services joined their Compliance for Kids Program Advisory Committee. This program, the first of its kind in Canada, encouraged Edmonton retailers to support measures to reduce tobacco use by Alberta youth.

Post-secondary students from pharmacy, medicine, and nursing learned about addictions through field placements in several AADAC field offices in central Alberta. "Footings," a series of three workshops offered to 150 community professionals through the Red Deer Office, was designed to assist them in managing addiction-related problems in their own practice.

Volunteers are key players in delivering special programs and services in the Central District. The Red Deer Office was invited to set up a display booth at the Volunteers of Alberta Conference which was attended by over 800 volunteers and facilitators.



My favourite memory from my adolescence was when our Junior Hockey Team raised money by raffles, dances, and solicitations to build a new skating rink in my home town. The new rink was equipped with lights and a skate shack. We operated this rink for two years at our own expense.

Walt Boddy, Commission Board Member, Edmonton



Peer Support continues to be an active part of the junior and senior high school scene throughout central Alberta. In Edmonton, orientation workshops were attended by 58 facilitators and funding was provided for 30 student retreats. Three schools in the Provost area and one school in Stettler implemented Peer Support Programs this year as a

result of the opening of new AADAC area offices. AADAC offices in Drayton Valley, Hinton, Edson, and Whitecourt kept the West Central Peer Support Network connected by distributing a Peer Support newsletter to all the schools in their area. The Central Alberta Peer Support Network (Red Deer and area) initiated

A play entitled "Chain Reaction" was funded and supported by AADAC. The play was researched, developed, scripted, and created in its entirety by teenagers of the Innisfail Junior/Senior High School. Over 3,000 teens and adults attended performances over the course of one year.



over 350 activities that supported the concept of teens learning and testing new skills.

E-ZOOT, a computer bulletin board system for adolescents, is operated by Community Education Services in Edmonton. During this fiscal year, the service has become accessible to members of an Edmonton Boys' and Girls' Club through the generosity of the Edmonton Telephone Pioneers who provided the necessary equipment.

Youth Conferences were held in numerous locations throughout the District. An estimated 3,500 youth participated in these conferences.

A three-year pilot project entitled TOADS (Taking On A Different Skill) provided opportunities for teens to be involved in a variety of "healthy lifestyle" activities through community and teen efforts. Funding for these events was provided by AADAC, Health and Welfare Canada—National Drug Strategy, and community contributions. The program is currently being evaluated.

Southern Alberta Field Services

Divisional Office

AADAC and the Milner Fenerty Foundation "Business Against Drugs" program developed a half-hour documentary and five short messages about alcohol and drug problems



and their prevention. The documentary was aired twice in southern Alberta.

Community Education Services

Community Education Services worked extensively with the Calgary Board of Education to increase the quality and variety of prevention programs in schools. Peer Support programs are now in 65 schools in the Calgary region. There has been continued contact with the business community and allied professionals. Ongoing training and seminars are provided to a number of target groups.

South District

In the South District, the Crowsnest Pass Area Office opened, and the Medicine Hat Area Office moved into the new Provincial Building. All offices are actively involved with Peer Support programming. Teen Activity Fairs were held in Medicine Hat, Lethbridge, and Drumheller with over two thousand youth in attendance. These fairs provided teens with an opportunity to identify skills they would like to develop. Newspaper supplements on alcohol and drug issues were inserted in the Brooks and Crowsnest Pass local papers during National Drug Awareness Week. Training sessions were provided for local RCMP detachments on the Police Assisted Community Education (PACE) Program.

Counselling Services

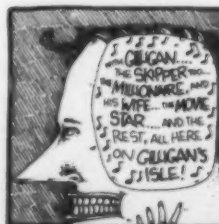
There has been a significant increase in the number of requests for treatment consultations by health professionals. These include consultations to Alberta Mental Health, Seniors Programs and the Dual Diagnosis Clinic at the Foothills Hospital. A volunteer program was developed and implemented to assist with the administrative support function at AADAC Counselling Services in Calgary. Ongoing support to educational programs is provided through practicum placements to students in programs at the University of Calgary, Mount Royal College, Gonzaga University in Spokane, Washington and Foothills Hospital Nursing students.

Adolescent Treatment Centre

The Adolescent Treatment Centre was created by combining the outpatient counselling services for adolescents and the Adolescent Day Treatment Program (ACTION Program). All AADAC adolescent treatment services in Calgary are now at one location. The ACTION Program admitted its first client in April of 1990. Since that time clients have attended from all over the province. On January 16, 1991, the Adolescent Treatment Centre moved into its permanent facility.

don't you hate it when...

you get a dumb tune stuck in your head?



As an adolescent, I don't believe that I thought I knew it all, but I certainly knew that my mother thought that I thought that I knew it all!

*Marlene Maertens-Poole,
Commission Board Member, Fort McMurray*



Institutions & Funded Agencies

Role

This Division provides residential detoxification and treatment services through 4 institutions. These services include assistance to families and other significant people who can support addicted clients both during and after treatment.

The Division also provides program consultation and funding support to community-based agencies which deliver a comprehensive network of services throughout the province.

Highlights

Institutions

Three major reviews of components of the Henwood Treatment Centre Program (Edmonton) were completed. These were the workshop review, review of the Family Program, and a review of the treatment needs of women. The projects were headed by Henwood program staff, but also involved persons from other AADAC offices, AADAC Funded Agencies, Henwood clients and

alumni, and persons in recovery from the community. A proposal for establishing an early admission (detoxification prior to treatment) was put forward and approved. This program will commence in the fall of 1991.

The Lander Treatment Centre (Claresholm) further enhanced individualized treatment by introducing learning journals, more time for individual assessments, and more workshop options into the three-phase program. An extensive evaluation of the three-phase program indicated positive results in the areas of relapse prevention, abstinence, self-esteem, and social functioning.

During the past year, the AADAC Recovery Centre (Edmonton) focussed on essential building repair and maintenance. In December, replacement of flooring and cleaning of the duct and ventilation system resulted in a ten-day closure of the residential program. During the closure, hospital emergency rooms, AADAC offices, and other social agencies responded to client needs as best as possible. Health and safety systems were also reviewed with the subsequent addition of external lighting, installation of a back door alarm system, and replacement of assessment windows with safety glass. Four staff from the Centre developed and presented a new AADAC training course on detoxification programming during November.

The Renfrew Recovery Centre (Calgary) revised the treatment protocol in collaboration with AADAC's Medical Advisor, the Centre's Medical Consultant, and a group of

physicians. These protocol revisions facilitated enhanced coordination, decision-making, and clarification of providing treatment services to clients experiencing the effects of acute withdrawal. Clients voluntarily participated in an Injection Drug Use Study conducted by AADAC Policy and Program Analysis. The study provided important information related to injection drug use which will assist in future planning and program development. New referrals and networking avenues were implemented to enhance client services and broaden the Centre's visibility and profile in the community. Most notable were service coordination efforts initiated with the psychiatric units at two local hospitals. Benefits included improved access to clinical assessment and psychiatric treatment services.

Funded Agencies

AADAC Funded Agencies, through the provision of grants and consultation, continued to meet the challenges of delivering community-based addiction services. More than 300 people serve as volunteer Board members responsible for the operation of 29 agencies, providing 52 programs, located throughout the province. An equivalent number of dedicated staff deliver a wide range of services including shelter, detoxification, inpatient and outpatient treatment, residential support, prevention, and education. Approximately one-half of AADAC's funding support to community-based agencies was provided to Native programs.

Institutions and Funded Agencies

Programs Receiving Funding

Program	Location
Action North Recovery Centre	High Level
Alcohol & Drug Abuse Services (Alpha House)	Edmonton
Bonnyville Indian Metis Rehabilitation Centre	Bonnyville
	Fishing Lake
	Elizabeth Settlement
Boys' & Girls' Club of Hinton	Hinton
Calgary Alpha House Society	Calgary
Cool-Aid Society of Grande Prairie	Grande Prairie
Distress Centre/Drug Centre	Calgary
Foothills Alcohol Action Society	Fort MacLeod
George Spady Centre Society	Edmonton
Jellinek Society	Edmonton
Jimmy Wolf Tail Memorial Society	Bruckett
Metis Indian Town Alcohol Association	High Prairie
	Valleyview
	Cadotte Lake/Little Buffalo
McDougall House Association	Edmonton
Native Alcoholism Services	Calgary
Native Counselling Services of Alberta	Colling Lake
	Loon Lake
	Trout Lake
	Peerless Lake
	Wabasca
Nechi Institute on Alcohol & Drug Education	Edmonton
O'Meara Rehabilitation Centre	Legal
Pastew Place Detoxification Centre	Fort McMurray
Poundmaker's Lodge	Edmonton
Recovery Acres (Calgary) Society	Calgary
Recovery Acres Society	Edmonton
Riverside Villa Association	
Villa Treatment Centre	Calgary
Villa Halfway House	Calgary
Rocky Native Friendship Centre	Rocky Mountain House
Salvation Army	Red Deer
South Country Alcohol & Drug Treatment Centre	Lethbridge
Southern Akare Society & Industries	Lethbridge
Sunrise Residence Society	Calgary
Veg-Al-Drug Society	Vegreville
Walter A. "Slim" Thorpe Recovery Centre	Lloydminster
	Wainwright



don't you hate it when...

*the whole world discovers a band you thought
you had all to yourself?*



Provincial Programs

Role

Provincial Programs operates programs and services that are most effectively managed with a centralized structure.

The division has three roles. The first is to offer programs to the public on a province-wide basis. These programs emphasize education and prevention. The second role involves stimulating public action to respond to alcohol and drug problems. This is done through encouraging and funding community projects and by supplying program resource materials to key professionals and groups. The third role is to provide support to other AADAC program divisions through the development of



My pet peeve as an adolescent was when teachers wouldn't admit that they didn't know the answer to a question.

**Dan Vandermeulen, Commission Board Member,
Vice-Chairman, High Prairie**

resource materials and the provision of professional library services. This year, Provincial Programs received 17 awards for excellence in communication materials.

Communications Program

Role

The Communications Program is responsible for the planning, development and production of AADAC's media-based prevention program for adolescents in Alberta. This program combines problem analysis with marketing, advertising, and communications to ensure program effectiveness. The components include mass media, a magazine for teens (ZOOT CAPRI), a radio program for teens (AIR ZOOT), community-based promotions, posters, pamphlets, and school resources.

Highlights

- With the tag line "Remember the Teenager In Your Life" AADAC returned to the airwaves. The TV ad series spotlights parents reminiscing about critical points in their relationships with their own parents. Public reaction and research results from the "Remember" campaign were very positive.
- Subscriptions to ZOOT CAPRI, The Magazine, AADAC's award winning magazine for teens aged 12-17, continued to increase with approximately 135,000 teens receiving it 4 times a year.
- AIR ZOOT, a new 30-minute radio program that aired for 18 weeks featured music, issues of interest to teens, and their views. Testing with teens showed that AIR

ZOOT had the highest level of top-of-mind recall of any mixed format radio program. Reebok Canada provided generous financial sponsorship.

- AADAC provided sponsorship to First Night, 1990 in Edmonton and Calgary, the very successful alcohol-free New Year's Eve celebration.

Impaired Driving

Highlights

Planning Ahead, the impaired drivers' course for first offenders, was offered 469 times in 37 communities throughout the province. A total of 6,725 suspended drivers attended the course.

The IMPACT Program for repeat impaired drivers had 1,189 participants in 48 weekend sessions. (A cost recovery fee introduced in May 1990 resulted in a 65% reduction in attendance. The fee has since been reduced.)

During the year, AADAC participated in a number of provincial and national projects, including The Impaired Driving Countermeasures Committee, The National Impaired Driving Strategy, Alberta Server Intervention Program, and The Coalition on Motor Vehicle Trauma.

Lifelines Package Programs

Role

Lifelines is responsible for planning and directing the development of comprehensive package programs. These are prevention and treatment resources for use by individuals,

organizations, and communities. Some are school-based; others are targeted to parents, youth leaders, the workplace, or people in treatment.

Highlights

"Going Places" is the most recent addition to AADAC's Lifelines series. It was developed for AADAC staff and adults working with teens to:

- enhance their understanding of the relationship between independence, competence development, and the prevention of drug abuse among teens
 - support the integration of competence development into programming for teens
- The resource is available province-wide to youth leaders and other adults working with teens.

Program Resources

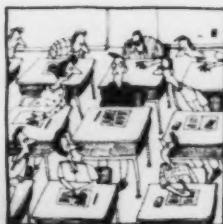
Role

Program Resources is responsible for the development, production and distribution of information and program materials including internal and external newsletters, information and program resources, posters, pamphlets and booklets regarding treatment, prevention, and education.

The provincial addictions library, housed in Edmonton, provides specialized information services to AADAC staff. Support to professionals and to the public is provided through local resources such as professional, school and public libraries.

don't you hate it when...

you hear your name on the school P.A.?





Since I am the youngest of six kids, my parents referred to me as the baby in the family. I hated it.

Joe Lipka, Commission Board Member, Sherwood Park

Guidance and funding for local community projects supporting community activities and AADAC's prevention initiatives are also part of the services provided by Program Resources as are prevention and education-oriented theatre tours and projects.

Highlights

"Rap It Up," a participational, musical show directed toward youth between 10 and 15 years and their parents, was produced by AADAC and cosponsored by McDonald's Restaurants of Canada. "Rap It Up" toured central and northern Alberta and northern British Columbia for a total of six weeks.

One hundred forty-six community projects were funded in communities across the province. Peer Support activities were initiated and supported, conferences and networks were established, several successful Youth Activity Fairs took place, and a wide variety of other projects provided opportunities for youth to participate in their own growth and development and to contribute to their community.

Eighteen community-based theatre projects addressed issues of groups as diverse as street youth and seniors. These projects include presentations of "No Time To Spare" by Second Edition Players, a theatre company comprised completely of seniors, as well as community projects on themes of family violence, concerns of inner city and street youth and single parents.

Production and Distribution

Highlights

- 55 new items/resources were developed and produced.
- 31 AADAC resources were reprinted.
- 2,245 requests for materials were filled.
- The circulation of "Developments," AADAC's award winning newsletter, was increased to approximately 11,000 people.
- A new computer system was designed to assist with project management, ordering, and inventory control.
- A corporate look for all provincial print materials was developed and produced.

Library

Highlights

Over the past year, the AADAC Library responded to over 3,000 information requests from AADAC staff, allied professionals, and the public.

A new program information system is being developed to assist AADAC management and staff with program planning. When completed, the information system will be accessible online and will include descriptions of programs developed by AADAC staff as well as community and theatre projects funded by AADAC.

The Library began producing a monthly newsletter called "Update" for management and staff.

During the past year, the AADAC Library became a Network Member of the National Clearinghouse on Substance Abuse. The Clearinghouse is a consortium of major sources of addictions information in Canada and is being developed under the auspices of the Canadian Centre on Substance Abuse. The AADAC Library was also invited to be a co-chair of the Clearinghouse Advisory Committee.

Support Services

Policy and Program Analysis

Role

The Policy and Program Analysis Division assists the Commission Board, Executive, and Program Management in making informed decisions and improving program

effectiveness through research analysis and program evaluation.

Policy Development

A revised AADAC Confidentiality Policy was approved by the Commission Board. The policy was prepared after a lengthy development process which included reviews by AADAC management, staff, and the Commission's Policy Review Committee. AADAC's policies on tobacco and impaired drivers were also reviewed.

Management Support and Information

AADAC's management information systems supported strategic issue investigations for AADAC's senior management.

Nine "Profile" fact sheets on various alcohol and drug-related topics were produced for public distribution. Four "Insights" on similar topics were produced for addictions professionals.

A brief article on injection drug use among AADAC clientele and the implications of injection drug use for the spread of AIDS was accepted for publication by the *Canadian Journal of Public Health*.

Division staff worked with Executive Management to develop a number of comprehensive presentations for professionals and the public.

Program Research and Evaluation

The first phase of a study into the community impact of addictions service delivery in small towns was completed.

Several reviews and reports were completed. These included: a review of AADAC's adolescent prevention program in the 1980s; research into awareness and potential impact of AADAC's radio, television, and community theatre programs; a brief report on issues in the treatment of cocaine users; and a booklet which provides an overview of the aspirations of youth and the challenges they confront.

External Research and Consultation

The Alberta Occupational Health and Safety Heritage Grant Program awarded AADAC a research grant to study the impact of alcohol and drug use on the Alberta workplace. The study, to be completed in 1991/92, will be the first comprehensive study of substance abuse in the Alberta workplace.

A study of Lysol abuse in Edmonton's inner city was conducted. Following completion of the study, divisional staff participated in a provincial government task force which was established to examine the problem. Two Acts regulating the sale of Lysol were revised.

Divisional staff completed the second phase of a major study funded by Health and Welfare Canada. This basic research examines relapse after treatment. Two presentations on interim results were made to international conferences.

AADAC conducted the Canadian research for an international study of exemplary Employee Assistance Programs at the invitation of the International Labour Office. The Canadian Report was completed and submitted. The ILO's final report is forthcoming.

...it when...

...calls you a pet name
...front of your buddies?





Human Resources

Role

Human Resources is responsible for providing a variety of services that assist managers in attaining the Commission's mandate and objectives.

Highlights

The Division of Human Resources, which is responsible for administering pay and benefits in AADAC, is in the process of finalizing the implementation of a new on-line payroll system linked to Alberta Treasury, which will result in a more cost effective and less time consuming method of processing payroll.

In June 1991, a unique and comprehensive addictions facility, the Northern Addictions Centre located in Grande Prairie, was opened to serve the public. Prior to its opening, Human Resources provided considerable support and consultation in staffing the facility.

Training and Professional Development

Highlights

Training and Professional Development was involved in a number of initiatives throughout the year:

The unit developed and organized the AADAC Conference "Health and Substance Abuse in the '90s." Over 250 delegates from across Alberta and Western Canada attended the conference.

On a provincial basis, Training and Professional Development cooperated in training ventures with Correction Services Canada, Alberta Family and Social Services, Alberta Senior Citizens Advisory Council, and the Canadian National Railway.

On a national level, staff provided ongoing input to the Training and Education Working Group of the National Drug Strategy, and were involved in consultation with the Addictions Research Foundation of Ontario and the Canadian Centre on Substance Abuse.

Staff were also active on an international level. A 3-day workshop was cosponsored with the Johnson Institute, an American organization involved in alcohol and drug addictions. The workshop covered the topic of intervention in treatment.

Statistics

Personnel	1990/91
Total Recruitment Competitions (salaried employees)	87
Commencements	75
Terminations	39
Transfers and Promotions	24
Permanent Salaried Employees	419
Position Classifications Reviewed	60
Positions Reclassified	6

Training & Professional Development

Courses Offered	65
Total Participants	950
AADAC staff	692
Allied Professionals	258



don't you hate it when...

your favourite pair of jeans shrink beyond recognition?



In retrospect, it's very difficult to isolate a favourite memory, each day brought new challenges.

Saran Ahluwalia, Commission Board Member, Cold Lake

Finance and Administration

Role

The Division provides financial information and advice to the Commission Board, Executive, and Program Management to assist them in making informed decisions about their programs and the effectiveness of their activities. The Division also provides the facilities for the service delivery of the Commission's programs.

Highlights

The Commission's methodologies for processing payments and for field budget submissions were reviewed and procedures were streamlined accordingly.

During the year the Division processed in excess of \$16,000,000 in payments for supplies and services, assets and grants, a decrease of 3% from the previous year. Average processing time for the Commission was approximately 26 days as of March 31, 1991.

Permanent facilities were established for the Adolescent Treatment Centres in Calgary and Edmonton and for the area offices in Athabasca, Blairmore, Provost, Stettler and Whitecourt. Area offices in High Prairie and Medicine Hat were relocated.

Specific property leases for the Commission and funded programs were renewed.

Statistical Summary of Services

AADAC Treatment Services Summary

Admissions by Type of Treatment Service

(see figure A below)

	1990-91	*1989-90
Detoxification	4,651	4,835
Inpatient	3,159	3,270
Outpatient	12,120	11,489
Adolescent Outpatient	1,345	1,136
Adolescent Treatment Centre	50	20
Total	21,325	20,750

* 1989-90 figures have been updated since the 1989-90 Annual Report, and therefore differ slightly from that report.

Admissions by Gender

(see figure B below)

	Client		**Collateral	
	90/91	89/90	90/91	89/90
Male	12,948	12,717	718	698
Female	4,941	4,789	2,718	2,546

** Collaterals are individuals who are admitted to receive assistance in dealing with someone else's substance abuse problem.

Fig. A

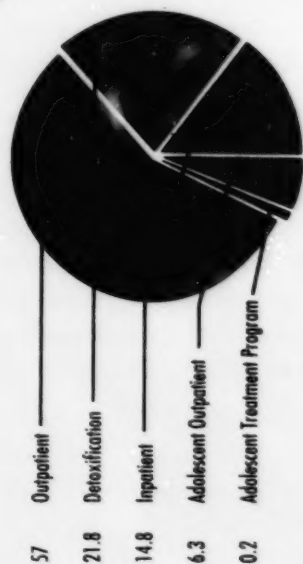


Fig. B

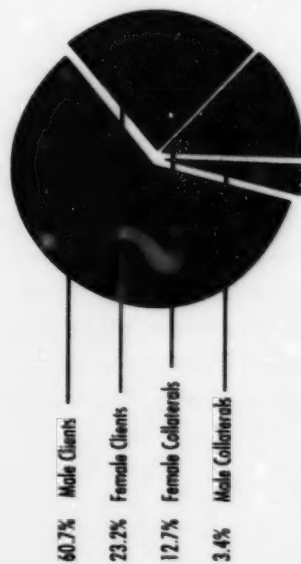
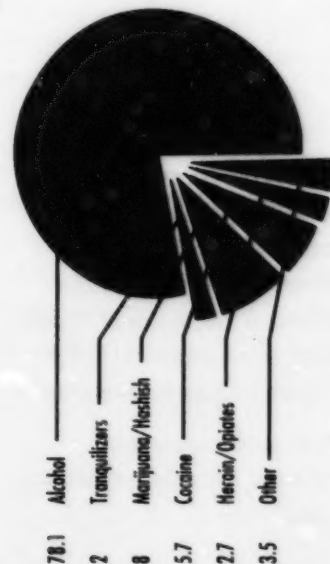


Fig. C



Admissions by Age Group

(see figure C below)

	Client		Collateral	
	90/91	89/90	90/91	89/90
<18	1,176	1,102	440	380
18-19	629	664	62	60
20-24	2,139	2,142	258	237
25-29	3,210	3,270	441	370
30-34	3,464	3,197	515	510
35-39	2,581	2,506	482	467
40-49	2,948	2,825	732	707
50-59	1,143	1,194	288	303
60-69	421	442	110	118
70+	86	78	33	34
Missing	92	86	75	58

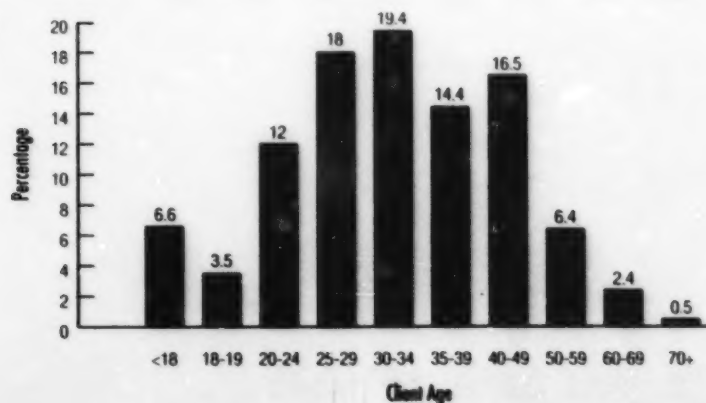
Primary Drug Problem (Clients only)***

(see figure D on page 20)

	1990-91	1989-90
Alcohol	78.1%	77.1%
Heroin/opiates	2.7%	2.6%
Hallucinogens	.4%	.4%
Marijuana/hashish	8.0%	8.2%
Tranquilizers	2.0%	2.4%
Barbiturates	.7%	.3%
Amphetamines	.2%	.3%
Cocaine	5.7%	6.0%
Inhalants	.2%	.4%
Talwin and Ritalin	.6%	.8%
Non-Beverage Alcohol	.1%	.0%
Other	.5%	.8%
Not Reported	.8%	.7%

***Based on clients discharged from treatment during the year.

Fig. C



Funded Agencies Services Summary

	90/91	89/90
Number of Funded Agencies	29	29
Number of Programs Receiving Funding	52	49

Admissions by Type of Service

	90/91	89/90
Shelters/Drop-in	80,543	75,421
Detoxification	4,754	4,913
Inpatient Treatment	2,256	2,501
Long Term Residential	1,066	1,028
Adult Outpatient	2,985	3362
Adult Prevention	780	N/A
Adolescent Outpatient	263	122
Adolescent Information & Support	5,844	3,070
Training Participants	808	182



don't you hate it when...

even your dad gets into Rap music?

Adolescent Treatment Program* - 1990/91

Admissions by Type of Treatment Service Provided

(see figure E below)

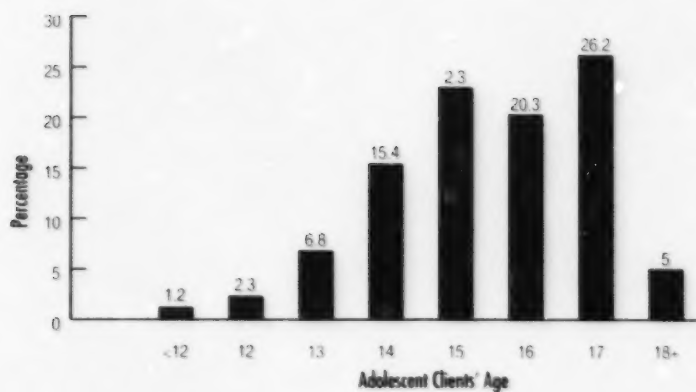
	Clients		Collaterals	
	90/91	89/90	90/91	89/90
AADAC Outpatient Treatment Only	1,066	977	279	159
Funded Agency Outpatient Treatment Only	56	106	1	16
Adolescent Treatment Centre Participants	40	19	10	1
Total	1,162	1,102	290	176

* Adolescent Treatment Program Services are delivered by AADAC and by selected agencies funded by AADAC.

Admissions by Gender

	Clients		Collaterals	
	90/91	89/90	90/91	89/90
Male	721	741	210	123
Female	441	361	80	53

Fig. E



Client Admissions by Age Group

	Clients	
	90/91	89/90
< 12	14	15
12	27	30
13	79	84
14	179	140
15	266	215
16	236	284
17	305	280
18+	53	51
Missing	3	3

Primary Drug Problem (Clients only)***(see figure F on page 25)*

	1990-91	1989-90
Alcohol	61.1%	61.2%
Heroin/opiates	.1%	.4%
Hallucinogens	1.7%	1.5%
Cannabis/hashish	21.9%	16.4%
Tranquilizers	.5%	1.2%
Barbiturates	.4%	.0%
Amphetamines	.0%	.0%
Cocaine	1.9%	1.3%
Inhalants	2.4%	1.6%
Talwin and Ritalin	.4%	.0%
Other	1.9%	.4%
Missing	7.7%	16.0%

***Based on clients discharged from the Adolescent Treatment Program during the year*



don't you hate it when...

your pet makes you feel guilty?

Community Education Services

(see figure G below)

	Projects Completed Across Alberta		Number of Sessions	
	90/91	*89/90	90/91	*89/90
School	952	917	1,946	1,981
Occupational/Professional	218	197	305	330
Health Systems	125	119	205	163
Social Services	193	146	476	252
Community	583	545	1,139	1,262
Media	164	197	371	468
Legal System	56	55	113	132
Total	2,291	2,176	4,555	4,588

*1989-90 figures have been updated since the 1989-90 annual report and therefore differ slightly from that report.

Fig. F

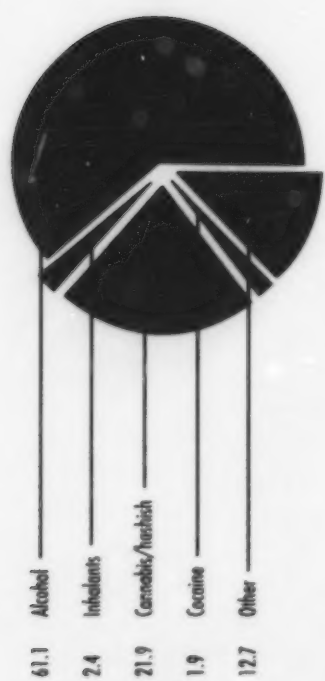
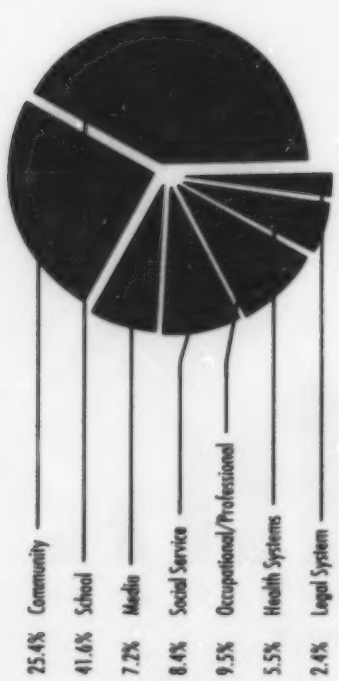


Fig. G



Planning Ahead

	90/91	89/90
Number of Courses Across Alberta	469	526
Number of Participants	6,725	6,145

Participants by Gender

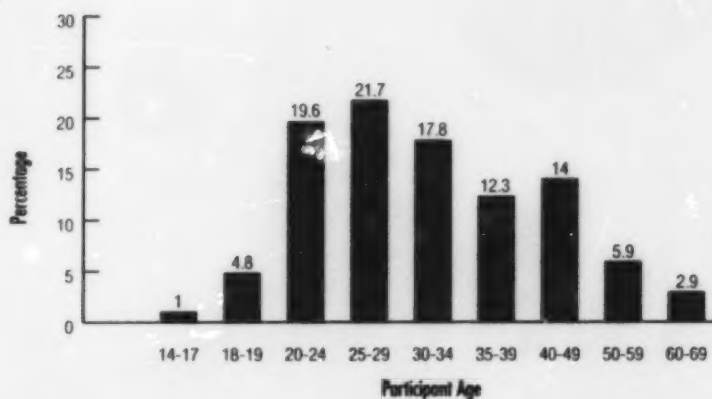
	90/91	89/90
Male	5,824	5,371
Female	901	774

Participants by Age Group

(see figure H below)

	90/91	89/90
14-17	68	65
18-19	326	317
20-24	1,321	1,347
25-29	1,458	1,386
30-34	1,197	1,003
35-39	830	688
40-49	935	808
50-59	398	380
60-69	192	151

Fig. H



IMPACT		
	90/91	89/90
Number of Courses Across Alberta	48	86
Number of Participants	1,206	3,435

Participants by Gender		
	90/91	89/90
Male	1,138	3,249
Female	68	186

Participants by Age Group		
	90/91	89/90
14-17	4	10
18-19	5	37
20-24	121	503
25-29	299	853
30-34	283	727
35-39	195	447
40-49	190	558
50-59	91	223
60-69	18	77

don't you hate it when...
 people tell you how much you look
 like your parents?



Financial Highlights

Expenditures by Organizational Structure

Program Services	1991	1990
Institutions and Funded Agencies:		
Institutions		
• Henwood Treatment Centre, Edmonton	\$ 2,137,359	\$ 2,111,447
• Lander Treatment Centre, Claresholm	1,539,839	1,457,210
• AADAC Recovery Centre, Edmonton	1,195,367	1,131,545
• Renfrew Recovery Centre, Calgary	1,163,745	1,099,288
	6,036,310	5,799,490
Funded Agencies	7,589,113	8,070,657
Program Administration	343,711	320,661
	13,969,134	14,190,808
Field Services:		
Northern Alberta Field Services	2,822,296	1,971,352
Central Alberta Field Services	4,499,649	3,741,617
Southern Alberta Field Services	3,269,761	2,762,767
	10,591,706	8,475,736
Provincial Programs:		
Media Campaign	2,871,146	3,001,839
Impaired Drivers' Program	1,067,598	1,493,250
Provincial Programs	1,462,405	1,340,646
	5,421,149	5,835,735
Total Program Services	29,981,989	28,502,279
Program Support Services		
Chairman and Board Members	144,620	142,664
Support Services	2,859,820	2,788,594
Total Program Support Services	3,004,440	2,931,258
	32,986,429	31,433,537
Add Net Decrease <Less Net Increase> in Inventory	283,036	<20,992>
Total Expenditure	\$ 33,269,465	\$ 31,412,545

(For Year Ended March 31, 1991 with 1990 Figures for Comparison)

Financial Statements

March 31, 1991

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don't you hate it when...

*you find mold on your sandwich after
you've already eaten most of it?*



ALBERTA LEGISLATURE

OFFICE OF THE AUDITOR GENERAL

To the Members of the Alberta
Alcohol and Drug Abuse Commission

I have audited the balance sheet of the Alberta Alcohol and Drug Abuse Commission as at March 31, 1991 and the statements of revenue, expenditure and revenue surplus and equity in capital assets for the year then ended. These financial statements are the responsibility of the Commission's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In my opinion, these financial statements present fairly, in all material respects, the financial position of the Commission as at March 31, 1991 and the results of its operations and the changes in its financial position for the year then ended in accordance with the disclosed basis of accounting as described in Note 2 to the financial statements.

Donald D. Salmon

FCA
Auditor General

Edmonton, Alberta
July 26, 1991

Balance Sheet

	<u>1991</u>	<u>1990</u>
<u>ASSETS</u>		
Current:		
Cash	\$1,707,847	\$1,316,483
Accountable advances to staff	19,258	17,257
Federal taxes receivable	15,000	7,245
Miscellaneous receivables	81,062	24,110
Inventory	<u>299,338</u>	<u>582,374</u>
	2,122,505	1,947,469
Capital assets (Note 3)	<u>1,148,714</u>	<u>1,009,008</u>
Trust cash	<u>3,271,219</u>	<u>2,956,477</u>
	<u>67,505</u>	<u>55,813</u>
	<u>\$3,338,724</u>	<u>\$3,012,290</u>
<u>LIABILITIES AND EQUITY</u>		
Current:		
Accounts payable	\$1,620,252	\$1,348,387
Deferred revenue	<u>202,915</u>	<u>16,708</u>
	1,823,167	1,365,095
Inventory reserve	299,338	582,374
Equity in capital assets	<u>1,148,714</u>	<u>1,009,008</u>
	<u>3,271,219</u>	<u>2,956,477</u>
Trust:		
Patients' Benevolent Fund	15,838	13,129
Memorial Trust Fund	<u>51,667</u>	<u>42,684</u>
	<u>67,505</u>	<u>55,813</u>
	<u>\$3,338,724</u>	<u>\$3,012,290</u>

The accompanying notes are part
of these financial statements.

Office of the Auditor General

Statement of Revenue, Expenditure and Revenue Surplus

	1991	1990
REVENUE:		
Contributions by the General Revenue Fund	\$32,155,258	\$31,245,172
Impaired drivers courses	468,435	-
Donations	132,173	-
Grants	70,193	73,533
Seminars	65,589	31,160
Client registration	33,580	32,404
Federal tax recoveries	28,292	-
Publications	27,201	46,614
Miscellaneous	5,708	4,654
TOTAL REVENUE	32,986,429	31,433,537
EXPENDITURE:		
Manpower:		
Salaries	13,845,643	11,990,108
Employer contributions	1,868,277	1,616,427
Wages	1,150,396	1,102,095
Allowances and benefits	83,460	66,212
	16,947,776	14,774,842
Services and supplies:		
Professional, technical and labour services	6,050,153	5,964,071
Materials and supplies	920,021	680,255
Travel and relocation	653,471	649,271
Rental of equipment	219,643	202,606
Repairs and maintenance of equipment	114,853	96,813
Advertising	91,011	127,229
Freight and postage	77,274	86,892
Other services	62,804	74,222
Telephone and communications	47,309	44,771
Insurance	21,565	16,444
Hosting	18,772	20,573
Bad debts	1,730	5,182
	8,278,606	7,968,329
	25,226,382	22,743,171
Other:		
Direct financial assistance to outside agencies	7,589,113	8,070,657
Purchase of capital assets	453,970	598,717
TOTAL EXPENDITURE	33,269,465	31,412,545
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENDITURE	(283,036)	20,992
APPROPRIATION FROM (TO) INVENTORY RESERVE	283,036	(20,992)
REVENUE SURPLUS	\$ -	\$ -

Office of the Auditor General

Statement of Equity in Capital Assets

	<u>1991</u>	<u>1990</u>
Balance at beginning of year	\$1,009,008	\$ 660,244
Add:		
Investments in capital assets:		
Purchases included as expenditure	453,970	598,717
Trade-ins and exchanges	<u>5,802</u>	<u>2,092</u>
	<u>1,468,780</u>	<u>1,261,053</u>
Deduct:		
Amortization for the year	304,744	234,746
Disposals at net book value	<u>15,322</u>	<u>17,299</u>
	<u>320,066</u>	<u>252,045</u>
Balance at end of year	<u>\$1,148,714</u>	<u>\$1,009,008</u>

Office of the Auditor General

Note 1 Authority

The Alberta Alcohol and Drug Abuse Commission operates under the authority of the Alcohol and Drug Abuse Act, Chapter A-38, Revised Statutes of Alberta 1980, as amended.

Note 2 Significant Accounting Policies and Reporting Practices

- (a) These financial statements have been prepared in accordance with generally accepted accounting principles except that capital assets are charged to expense at date of acquisition. Capital assets are also shown on the balance sheet at original cost less accumulated amortization with a corresponding credit to equity in capital assets. Annual amortization is charged to equity in capital assets.

Books, tapes and films are fully amortized in the year of acquisition.

Other capital assets are amortized over their useful lives on a straight-line basis as follows:

Furniture and equipment	- 10 years
Computer equipment	- 5 years

- (b) Inventories are valued at cost.
- (c) Contributions by the General Revenue Fund used to finance inventory are reported as being appropriated to the inventory reserve.
- (d) Contributions by the General Revenue Fund in excess of operating requirements for the year are reported as deferred revenue, and are available to fund operations of the subsequent year.
- (e) A statement of changes in financial position is not provided as disclosure in these financial statements is considered to be adequate.

Note 3 Capital Assets

Capital assets consist of the following:

	<u>Cost</u>	<u>Accumulated Amortization</u>	<u>1991 Net</u>	<u>1990 Net</u>
Furniture and equipment	\$1,543,815	\$ 903,035	\$ 640,780	\$ 591,835
Computer equipment	1,042,020	534,086	507,934	417,173
Films and tapes	<u>476,054</u>	<u>476,054</u>	<u>-</u>	<u>-</u>
	<u>\$3,061,889</u>	<u>\$1,913,175</u>	<u>\$1,148,714</u>	<u>\$1,009,008</u>

Note 4 Contributions by the General Revenue Fund

The Province of Alberta recovers part of its contributions to the Commission from the Government of Canada under the Vocational Rehabilitation of Disabled Persons and other agreements. Amounts recovered are included in revenue of the General Revenue Fund, Department of Health. Claims relating to the Commission's activities for the years ended March 31, 1991 and March 31, 1990 amount to \$10,190,198 and \$9,729,785 respectively.

Note 5 Administrative Expenses

Accommodation and other administrative expenses incurred in the administration of the Commission are borne by the General Revenue Fund and are not reflected in these financial statements.

Note 6 Interest on Cash Deposits

Interest from cash deposits in the Consolidated Cash Investment Trust Fund has been credited directly to the General Revenue Fund.

Note 7 Comparative Figures

The 1990 figures have been reclassified where necessary to conform to 1991 presentation.

Note 8 Approval of Financial Statements

These financial statements were approved by management.

Office of the Auditor General



Design: Carlina Chan

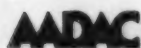
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